



dimerdiabetescenter.com

DIMER DIABETES 2025

Postgraduate Course in Advanced Diabetes



October 26-28, 2025



Titanic Luxury Collection Bodrum

DAY 1

OCTOBER 26TH, 2025 SUNDAY

09:00-09:15 OPENING CEREMONY

Welcome Speech

Speaker: Prof. Dr. Mustafa KANAT

Session I: PLENARY LECTURE

Chair: Prof. Dr. Zobair M. YOUNOSSI

09:15-10:00 Pathophysiological Treatment Approaches in Type 2 Diabetes Mellitus

Speaker: Prof. Dr. Ralph DEFRONZO

10:00-10:15 Q&A

Session II: WOMB TO WORLD: THE METABOLIC LEGACY

Chair: Prof. Dr. İlhan SATMAN

10:15-11:00 How the First Nine Months Shape the Rest of Your Life: The Impact of Gestational Diabetes on the Metabolic Future

Speaker: Prof. Dr. Mustafa KANAT

11:00-11:15 Q&A

11:15-11:30 Coffee Break



Session III MODY: THE OVERLOOKED DIABETES

Chair: Prof. Dr. Fatih TANRIVERDİ

11:30-12:10 Recognizing MODY in Clinical Practice: When to Suspect MODY and the Role of Genetic Testing

Speaker: Prof. Fahd AL-MULLA

12:10-12:25 Q&A

12:25-13:25 Lunch Break



13:25-14:05 SATELLITE SYMPOSIUM
WEGOVY® İLE OBEZİTEDE YENİ HEDEF: ETKİLİ KİLO KAYBI
VE KARDİOVASKÜLER KORUMA

Chair: Prof. Dr. Dilek GOGAS YAVUZ

Spaker: Doç Dr. Aslı DOĞRUK ÜNAL



Session IV: PREDIABETES: A WINDOW OF OPPORTUNITY

Chair: Prof. Dilek GOGAS YAVUZ

14:05-14:50 Early Intervention and Reversal Strategies in Prediabetes

Speaker: Prof. Dr. Ralph DEFRONZO

14:50-15:05 Q&A

Session V: TYPE 1 DIABETES: PAST, PRESENT AND FUTURE

Chair: Prof. Dr. Hasan İLKÖVA

15:05-15:35 Optimizing Clinical Outcomes in Type 1 Diabetes: From Insulin Strategies to Adjunctive Therapies

Speaker: Prof. Dr. Paolo POZZILLI

15:35-16:05 Type 1 Diabetes in the 21st Century: Innovations, Challenges, and the Road Ahead

Speaker: Prof. Dr. Paolo POZZILLI

16:05-16:20 Q&A

16:20-16:35 Coffee Break



Session VI: DOUBLE TROUBLE – DYSLIPIDEMIA AND HYPERTENSION IN DIABETES

Chair: Prof. Dr. Mehmet Birhan YILMAZ

16:35-17:05 Taming the Lipids: Optimizing Dyslipidemia Management in Diabetes

Speaker: Prof. Dr. Mohamed ABU-FARHA

17:05-17:35 Hypertension in Diabetes: Timing, Targets, and Treatment Challenges

Speaker: Prof. Dr. Peter NILSSON

17:35-17:50 Q&A

17:50-18:35 WORKSHOP: CASE-BASED APPROACH TO DIABETES MANAGEMENT
Interactive Case Discussions with Faculty

DAY 2

OCTOBER 27TH, 2025 MONDAY

Session VII: OBESITY, DIABETES AND THE BRAIN

Co-Chairs: Prof. Dr. Peter NILSSON and Prof. Dr. İlhan SATMAN

09:00-09:30 Diabetes and Brain: Cognitive Decline, Alzheimer&Disease, and Neuroprotection

Speaker: Prof. Dr. Ralph DEFRONZO

09:30-10:00 Diabetes and Bone Health: The Hidden Complication

Speaker: Prof. Dr. Dilek GOGAS YAVUZ

10:00-10:30 Diabetes and Nerve Damage: Can We Improve Diagnosis and Treatment?

Speaker: Prof. Dr. Rayaz MALIK

10:30-10:45 Q&A

10:45-11:00 Coffee Break



Session VIII: THE LIVER: WHERE INSULIN RESISTANCE KNOCKS FIRST

Chair: Prof. Dr. Yusuf YILMAZ

11:00-11:20 The Silent Epidemic: Confronting the Global Burden of MAFLD/MASH

Speaker: Prof. Dr. Zobair YOUNOSSI

11:20-11:40 MASLD: Redefining Fatty Liver Disease in the Era of Metabolic Dysfunction

Spakaer: Prof. Dr. Yusuf YILMAZ

11:40-12:10 Diabetes and Advanced Liver Disease: Who is at Risk and How to Manage?

Speaker: Prof. Dr. Zobair YOUNOSSI

12:10-12:25 Q&A

12:30-13:30 Lunch Break



13:30-14:10 SATELLITE SYMPOSIUM
MOUNJARO: DUAL APPROACH TOWARDS T2D AND
WEIGHT MANAGEMENT

Chair: Prof. Dr. Süleyman Hilmi İPEKÇİ

Spaker: Dr. Hilmi Erdem SÜMBÜL



Session IX: FROM GUT TO GLORY: INCRETIN-BASED THERAPIES TRANSFORMING

Chair: Prof. Dr. Fahd AL- MULLA

14:10-14:40 The Intricate Dance of Incretins in the Gut–Brain–Pancreas Axis:
A New Paradigm in Metabolic Regulation

Speaker: Prof. Dr. Jens Juul HOLST

14:40-15:10 The Incretin Revolution: From GLP-1 to Dual and Multi-Agonists

Speaker: Prof. Dr. Jens Juul HOLST

15:10-15:25 Q&A

15:25-15:40 Coffee Break



Session X: THE NINTH PLAYER: ADRENAL AXIS

Chair: Prof. Dr. Mehmet AĞIRBAŞLI

15:40-16:10 How Arteries Age in Diabetes: Intersections Between Metabolism,
Inflammation and Genetics

Speaker: Prof. Dr. Peter NILSSON

16:10-16:40 Heart Failure in Diabetes: The Overlooked Epidemic

Speaker: Prof. Dr. Mehmet Birhan YILMAZ

16:40-17:10 Cardiorenal Protection in Type 2 Diabetes: Lessons from Landmark Trials

Speaker: Prof. Dr. Stefano DEL PRATO

17:10-17:25 Q&A

Session XI: THE NINTH PLAYER: ADRENAL AXIS

Chair: Prof. Dr. Fatih TANRIVERDİ

17:25-18:10 Beyond the Ominous Octet: The Adrenal Dimension of Uncontrolled Diabetes

Speaker: Prof. Dr. Ralph DEFRONZO

18:10-18:25 Q&A

DAY 3

OCTOBER 28TH, 2025 TUESDAY

Session XII: FUTURE DIRECTIONS IN DIABETES RESEARCH

Chair: Prof. Dr. Peter NILSSON

09:00-09:30 The Evolution of Insulin Therapy: From Human Insulin to Smart Insulins

Speaker: Prof. Dr. Stefano DEL PRATO

09:30-09:45 Q&A

09:45-10:00 Coffee Break



Session XIII: OBESITY AND TYPE 2 DIABETES - MECHANISMS,

Co-Chairs: Prof. Dr. Muhammad HASSANEIN and Prof. Dr. Fahd AL- MULLA

10:00-10:30 The Role of Adipose Tissue in Insulin Resistance

Speaker: Prof. Dr. Muhammad ABDUL-GHANI

10:30-11:00 Obesity-Driven Inflammation and β -Cell Dysfunction

Speaker: Prof. Dr. Muhammad HASSANEIN

11:00-11:30 Bariatric Surgery vs. Medical Therapy: What Works Best?

Speaker: Prof. Dr. Muhammad ABDUL-GHANI

11:30-11:45 Q&A

11:45-12:45 Lunch Break



Session XIV: SGLT2 INHIBITORS - A NEW ERA IN DIABETES AND ORGAN PROTECTION

Chair: Prof. Dr. Stefano DEL PRATO

12:45-13:15 SGLT2 Inhibitors: Beyond Glucose Control and Their Cardiometabolic Benefits

Speaker: Prof. Dr. Ralph DEFRONZO

13:15-13:45 Kidney First: Renoprotective Actions of SGLT2 Inhibitors

Speaker: Prof. Dr. Tevfik ECDER

13:45-14:00 Q&A

14:00-14:15 Coffee Break



14:15-15:45 WORKSHOP: CASE-BASED APPROACH TO DIABETES MANAGEMENT

Chair: Prof. Dr. Peter NILSSON

Postgraduate Course Faculty

Prof. Dr. Ralph DEFRONZO, USA
Prof. Dr. Zobair M. YOUNOSSI, USA
Prof. Dr. Jens Juul HOLST, Denmark
Prof. Dr. Mustafa KANAT, Turkey
Prof. Dr. Paolo POZZILLI, Italy
Prof. Dr. Stefano Del PRATO, Italy
Prof. Dr. Vivian A. FONSECA, USA
Prof. Dr. Muhammad ABDUL-GHANI, USA
Prof. Dr. İlhan SATMAN, Turkey
Prof. Dr. Dilek GOGAS YAVUZ, Turkey
Prof. Dr. Süleyman Tevfik ECDER, Turkey
Prof. Dr. Rayaz MALIK, Qatar
Prof. Dr. Hasan İLKÖVA, Turkey
Prof. Dr. Fahd AL- MULLA, Kuwait
Prof. Dr. Fatih TANRIVERDİ, Turkey
Prof. Dr. Yusuf YILMAZ, Turkey
Prof. Dr. Mehmet Birhan YILMAZ, Turkey
Prof. Dr. Mohamed ABU-FARHA, Kuwait
Prof. Dr. Mohamed HASSANEIN, UAE-UK
Prof. Dr. Mehmet AĞIRBAŞLI, Turkey